DEAR COLLEAGUES,

If your Erasmus+ KA1 for individuals in education and training projects are approved in 2015 or if you want to apply in 2016, we kindly invite you to join

our training courses! Only Programme Countries are eligible! For further details please contact euka1training@yahoo.com; arvissolutions@yahoo.com

learn in a multisensory natural environment.

Senses Club game Intercultural evening.

a learning activity

Conclusions.

Departure day

Issues

Arrival day

and behavior. Conclusions.

Issues

Objectives

environment

-being

20016

Arrival day

Conclusions.

Departure day

Issues

Objectives

nomics, Music, Arts)

ry / Music classes Intercultural evening

Departure day

of teaching/ learning.

Objectives

The participants will be able:

(Moviemaker, Premiere Elements)

Issues

tion skills

Arrival day

sounds. Adobe Voice.

munication skills Conclusions, feed-back

Departure day

ronments.

social inclusion. Issues

Objectives

tion and social skills

communication. Intercultural evening

solutions to solve them

Departure day

behaviors. Issues

Objectives

causes

Arrival day

Intercultural evening

the family environment

Departure day

absorb knowledge.

Objectives

Issues

informal).

Arrival day

ment.

ing techniques.

Departure day

Our aims

in the 21st century.

Tel: +40 746 149 131 www.arivissolutions.com

Certification

Target groups

Methodology

unconventionally.

100 EURO! And...

other interested persons.

Financial conditions

euka1training@yahoo.com arvissolutions@yahoo.com

(without travel) and 490 euro for a 7 days course.

For further details and registration, contact us:

Europass Mobility document

Our expertise

(outdoors activities) Intercultural evening

iects in the natural environment. .

www.http://elnpartner.co.uk/

curriculum subjects), the personal and social skills

European Learning Network (ELN)

THE COURSES PROVIDERS

enhance his or her transition to the workplace.

the courses (Romania, Spain, Portugal and Malta).

Evaluation of the course. Certification. Farewell outdoors dinner.

in new environments that complement traditional methods of learning.

AR Vocational & Investment Solutions- ARVIS

Romania, Suceava, Str. Grigore Ureche nr.16, bl.73, sc.B, ap.3,

Disney method - applications

The participants will be able:

The participants will be able:

el, Relationships, Personal development.

To experience social inclusion strategies (Iceberg model)

Programme (5 days without travel, 30 hours)

Day 1: Ice-breakers, know-each-other and team building exercises

cation, active listening, nonverbal communication, assertiveness etc.

Adolescence is an age with multiple risk factors which may have many unfortunate effects: early school leaving, bullying, disrespect for other ages and many others. This course offers the teachers/ councilors/ trainers/ parents solutions to deal with the teenagers' critical attitudes and

Teenagers' critical problems, Psychology in education, Early school leaving, Bullying, Misbehaviour, Addictions, Effective methodology, Problembased learning, Coping with social environment, Collaboration between

Programme (5 days without travel, 30 hours)

Day 1: Ice-breakers, know-each-other and team building exercises

vationg behavior for diminishing depression/ anxiety

school environment; bullying and early school leaving.

To understand the benefits of outdoors education

To understand the availability of nature in offering knowledge

To develop personal and social skills on the basis of outdoors pedagogy

Programme (5 days without travel, 30 hours)

(benefic effect on health, its power to develop social and personal skills)

To create a personal/ school activity strategy in order to develop outdoors education

Day 1: Ice-breakers, know-each-other and team building exercises (outdoors activities)

Day 3: Interpersonal problems of adolescence.

social skills and social inclusion problems.

and stereotypes (Iceberg model), making friends etc.

Evaluation of the course. Certification. Farewell dinner.

teachers, family, community, psychologists.

their own didactical tools

To develop an intercultural dialogue

The participants will be able:

the teaching/ training field

Individual treatment of students.

ameliorate the students' passive behavior.

Evaluation of the course. Certification. Farewell party.

grass and some trees in our digital classroom.

and outdoors education, methodology, creativity.

learning

Intercultural evening.

developing personal skills.

Objectives The participants will

get us closer to our ideal image.

Develop an intercultural dialogue.

Design a personal/ organizational in the multisensory learning field for the learners Develop an intercultural dialogue Sessions

Session 2: Portugal, Sintra & Lisbon, 24 - 30 July 2017 - for future projects Programme (7 days without travel, 42 hours) Arrival day

rience in multisensory learning. Exploring the multisensory learning environment. Theory and action. Multisensory learning environment and multiple intelligences - points of view (Gardner, Goleman, Zohar).

Day 2: Research day. Designing a Multisensory Personal Map. Learning activity run by the trainers

Day 3: Outdoors environment and multisensory. Deci&Ryan - self-determination theory and intrinsic motivation. Maslow and the self-actualization theory. Methodology and exercises for developing personal skills in a natural multisensory environment. Educational games as solutions to communicate and

Day 4: Let's sense virtual! Introducing the participants in a virtual interactive multisensory environment Presenting the hardware and software solutions for projecting a virtual multisensory environment indoors/ outdoors Day 5: Virtual multisensory interactive environment – didactical applications I: presentation of the film of

Virtual multisensory interactive environment - didactical applications II: creating learning activity inte-

Outdoors indoors. Finding original solutions to simulate the outdoors environment indoors
Day 7: Methodology, exercises and tools for developing a personal/ organizational strategy for imple-

Personal Development

Personal development, emotional intelligence, spiritual intelligence, self-knowledge, personal skills, interpersonal skills, leadership, creativity, management of the future, experiential methodology, psychology in

Learn, experience and create a set of creative methods, exercises and tools to be applied in order to

Sessions

Session 2: Sevilla & Malaga, Spain,14-18 August 2017 - for projects approved in 2016

Day 1: Ice breakers, knowing each other. Sharing prior experience in personal development programmes inside our organizations/ communities. Exploring the personal development field. Modern theories and actions (Danah&Marshall; Maslow and the self-actualization theory; Kaizen philosophy). Pedagogy and personal development – ELLI

Day 2: A holistic perception upon personal development: physical, mental, emotional and spiritual intelligence. Dreams – Passions – Goals – Skills. The gain – grow – give flux.
Day 3: Personal skills. Self-determination theory and intrinsic motivation. Methodology and exercises for

"My students don't talk!"

Experiential methodology, active learning, emotional intelligence, creativity, psychology in education, group dynamics, team work, coping with failure, communication skills, motivation and self-motivation,

To improve the interpersonal relationships and manage the groups dynamics in the classroom/ social

To learn and experience a set of creative methods and tools to be applied in order to create a state of well

Sessions

Session 3: Granada & Cordoba, Spain, 21-25 August 2017-for projects approved in 2016

Day 1: Ice breakers, knowing each other. Sharing prior experience in learners' "silence" and in active

Exploring the active learning field. Emotional intelligence. Eduard de Bono's theories and applications in

Intercultural evening.

Day 2: Psychological causes of passiveness. Alternative psychological solutions (methods, exercises) to

Day 3: Pedagogical and social causes. Alternative educational solutions. Creative and attractive teaching methods to activate the students' behavior: 4mat, art and drama exercises. Groups dynamic, teamwork.

Day 4: Cultural and educational day. Visiting the city and getting to know the history of the place. Out-

Day 5: Fear. Values and fear. Motivation, self-motivation and fear. Skills needed to cope with fear (learning skills, personal skills, interpersonal skills, communication skills). Creative methodology for coping with fear. "Don't be afraid to be wrong!" methods and exercises

ICT BASICS & CREATIVE APPLICATIONS

ICT, digital classroom, software, hardware, operating systems, control panel, video projectors, video files, intuitext, Word, Excel, PPT, Browsers and Internet, Moodle, AeL, coursera.org, incorporating ICT in classes (Maths, Arts, Economics, History, geography, counseling and others), connections between ICT

To transfer their knowledge to their students so they could lead their own learning process and create

Sessions

Session 1: Voronet, Romania, 27 June-1 July 2016 - for already approved projects

Day 1: Ice breakers, knowing each other. Sharing prior experience in using IT during different classes Exploring the computer. Hardware and software basics, commonly used terms, operating systems, control panel, working with video projectors, working with video files, intuitext. Applications on Histo-

Day 2: Document editor – formatting page, paragraphs, text, images and tables; test design, handling the documents, equation editor and file formats. Application on Mathematics/ counseling classes (e.g. a

Day 3: Cultural day. Getting to know the history of the place. Connections between ICT and outdoors education. Presentation of ARVIS NaTech Programme. Designing a lesson based on a mixture of ICT

Day 4: Spreadsheets - sheets and cells; using formulas and charts. Application on a Geography class

Programs, websites and ideas that help teachers and students – Application on an Economics class Exploring Moodle, AeL, coursera.org

Practical exercises: designing a test, creating a chart (e.g. for the situation of the final tests), a lesson presentation in PPT (e.g. biology) etc.

Creative Video in the Classroom

ICT, media communication, capturing images, video editing, photo stories, animations, incorporating video communication in classes (Maths, Arts, Economics, History, geography, counseling and others), connections between ICT and outdoors education, methodology, creativity.

To develop practical knowledge on media education: digital video camera and digital video editing

To use original strategies of improving the teaching/ training skills using video communication tech-

To create a personal/ organizational strategy for empowering students/ trainees with video communica-

Sessions

Presentation of the schools/ organizations and the participants' own experience upon media as a didactic tool, upon video communication in school environment and non-formal environments. "Creative Video Communication Methodology in the Classroom" – overview – introduction to the course Intercultural evening
Day 2: Exploring media concept; video communication in the classroom: instruments, methodology Photo stories as educational tools. Photography tips. Creative methods for mixing images, text and

Day 3: Developing skills in digital video camera and digital video editing (Moviemaker, Premiere Elements); practical exercises (filming a poem, filming a science concept) Day 4: Animation techniques; stop-motion. Animation movies as an attractive educational tools for increasing the students' motivation. Practical exercise: making a short animation movie on a curriculum

Day 5: Developing a personal/ organizational strategy for empowering students/ trainees with video com-

Communication & Social Skills

Effective communication, Social skills, Social Inclusion, Active listenning, Assertiveness, Stress control, Conflict resolution, Negociation techniques, Overcoming shyness, Politeness, Stereotypes, Iceberg mod-

To get a deeper knowledge upon the communication process, social skills and social inclusion

Session 2: Malta, 30 January-3 February 2017- for projects approved in 2016 Session 3: Lisbon, Portugal, 2-6 August 2017 - for projects approved in 2016

To discover original strategies of improving their communication skills and of guiding social inclusion To test these strategies for the students'/ trainees' better personal development and social inclusion To create a personal/ organizational strategy for empowering students/ adults with effective communica-

Sessions

Session 1: Voronet, Romania, 29 August-2 September 2016 - for already approved projects

Presentation of the schools/ organizations and the participants' own experience upon communication,

Communication and social skills - overview - introduction to the course. Emotional intelligence and

Day 2: Exploring the communication process: interpersonal communication, tools for effective communi-

Day 3: How to improve the social skills through new strategies of effective communication: conflict resolutions skills, keeping stress in check, overcoming shyness, developing politeness, avoiding prejudices

Day 4: Developing an Intervention Programme for solving/ diminishing the students/ adults communication/ social skills problems Day 5: Conclusions, feed-back
The festival of new ideas – sharing new ideas upon the students/ adults' communication problems and

RESET ADOLESCENCE FOR SUCCESS!

To get a deeper knowledge upon adolescence and to identify the typical teenagers' behaviors and their

To explore and experience methods/ instruments (especially psychological) for diminishing the teenagers' problems (excessive shyness, bullying, early school leaving, disrespect for other ages, addictions etc.) To create an original strategy of working with adolescents so as to minimize the risk factors

Sessions

Session 2: Granada & Cordoba, Spain, 28 August-1 September- for projects approved in 2016

Presentation of the schools/ organizations and the participants' own experience upon coping with adolescence problems. How to manage a psychological test for identifying the teenagers' problems?

Day 2: Intrapersonal problems of adolescence (deformed self-image, excessive shyness, depression, anxiety etc.). Exploring and experiencing already existing psychological methods: the technique of acti-

Discovering alternative solutions to critical behaviors: ways of teenagers' adaptation to the environment

I. The relationships with the persons of the same age; bullying
II. Relationships with adults/ authority (parents/ family, teachers/ school, community)
Exploring and experiencing already existing psychological methods: training of non-agressive communication for diminishing the agressiveness. Designing new nonformal educational methods for coping with

Day 5: What can family do for teenagers? Exploring alternative solutions for helping teenagers cope with

What can school do for teenagers? Exploring alternative solutions for helping teenagers cope with the

Day 6: Developing an Intervention Programme for solving/ diminishing the teenagers' problems. Walt

The festival of new ideas – sharing new ideas upon the teenagers' problems and solutions to solve them Evaluation of the course. Certification. Farewell dinner

OUTDOORS EDUCATION FOR ALL!

Outdooors pedagogy, creative methodology, avoiding school leaving, social skills, urban culture, rural

To discover and use unconventional outdoors places for teaching/ learning activities (formal, non-formal,

To use outdoors education existing strategies and create & apply new ones in a cross curricular perspective

Sessions

Session 1: Voronet, Romania, 5-11 September 2016- for already approved projects Session 2: Granada&Cordoba, Spain, 28 August-1 September- for projects approved in 2016

Presentation of the schools/ organizations and the outdoors education experience of the participants

Day 2: Exploring outdoors pedagogy - lecture and seminar about outdoors environmental education

Workshop (part I) on teaching different subjects using the opportunities offered by the natural environ-

Day 3 in the local rural or urban landscape. Workshop (part II) on the way about teaching different sub-

Day 4 in the pure nature. Entrepreneurial ideas to smoothly connect culture and nature. Outdoors learn-

Day 5: Thematic creative day; toolbox (methods, instruments) for developing the teaching skills (different

United Kingdom, England, London, 152 City Road, EC1V 2NX, Tel: +44 (0)792 791 1120

We firmly believe in the '3E philosophy' – Embrace, Enhance, Empower – our guiding principles to promote knowledge-based skills which businesses and organisations expect from their workforce to drive economic growth

Our programmes provide relevant and authentic learning experiences through hands-on activities for young people aged between 18 and 25, adults and professionals. We believe in supporting education beyond the classroom

AR Vocational and Investment Solutions - ARVIS is a non-profit organisation in Suceava, the North East of Romania. It aims to support innovative education in youths, adult and intergenerational education fields, to enrich motivation for lifelong learning, to increase adaptability of learners and to promote learning activities for all.

ARVIS has an international team of experts who work in different branches of educational and cultural fields: Pedagogy (formal and non-formal education), ICT, Psychology, Sociology, ecotourism, entrepreneurship, media education, foreign languages, outdoors education, multisensory learning and others. ARVIS professionals have between 8 and 30 years of experience in formal and non-formal education and pride themselves with more the 1200 trained teachers/ trainers so far.

ARVIS trainers/ mentors are also offering intercultural and pedagogical preparation, accommodation arrangements and a rich social programme to our trainees. ARVIS supports the applicant organizations during the whole life-cycle of the project: preparation, participation in the courses, follow-up. ARVIS is also concerned in developing the European dimension of the courses by organizing multicultural groups and by choosing different venues of

Teachers (pre-school, primary, secondary, vocational, adult, special needs), teacher trainers, educational guides and counselors, head teachers/ managers of schools, adult education professionals, parents,

The methodology will be experiential, based on workshops, seminars, role play, brainstorming, learning games. The basic technique will be *doing – reflection upon doing*. The learning spaces will be mostly

The course fee – according to Erasmus+ programme (70 euro/ day), 350 euro for a 5 days course

ALL EXPENSES (COURSE FEE, TRAVEL, ACCOMODATION, MEALS, ORGANIZATIONAL COSTS)
ARE 100% COVERED BY THE ERASMUS PLUS GRANT! IF YOU WANT TO ATTEND THE COURSE WITHOUT HAVING A EU GRANT, THE COURSE FEE IS

For groups larger than 6 persons, we can adjust the course so as to perfectly fit your project objectives. We offer free consultancy for writing the application form for our partners (for groups larger than 8 per-

Certificate of Attendance including description of the course content and time input

ELN has an international team of experts who have worked in education and industry in the UK, EU and Asia. We value diversity and appreciate the benefits that individuals with unique backgrounds, beliefs, and cultures, can inspire and motivate change. We harness this diversity to empower every individual to fulfil personal goals and

EUROPEAN LEARNING NETWORK

ARVIS

culture, unconventional learning places, physical, mental and emotional health, well-being.

adolescence problems. Developing learning skills. Day 4: Study and cultural visit in the cities. What can the community do for teenagers?

Day 7: Conclusions: coherent strategy of minimizing the critical problems of adolescence

In a world that locks us more and more often between walls, we need to reconnect to nature. We should understand that we don't need bricks around us during the learning process. Once man is in the heart of nature, he becomes more curious and his mind and soul become more able to

To test this strategy consisting in beneficial alternatives to the critical attitudes/ behaviors

Session 1: Voronet, Romania, 5-11 September 2016- for already approved projects Session 2: Voronet, Romania, 27-31 March 2017—for projects approved in 2016

To develop their social skills through new strategies of effective communication

The festival of new ideas – sharing new ideas upon video communication problems

Effective communication approaches people to people, thus approaching people to success, helping them develop their personality in different human envi-

The course "Communication, social skills and social inclusion" will help the participants learn how to strengthen interpersonal relationships, manage stress, handle fast-changing conditions and live in harmony with any human environment. The trainees will develop more effective communication skills and will be better equipped to perform as persuasive communicators, problemsolvers and focused leaders. They will also find solutions for tolerance and

Session 1: Voronet, Romania, 22-26 August 2016 - for already approved projects Session 2: Coimbra, Portugal, 3-7 July 2017 - for projects approved in 2016

Connecting the programs together; similarities and differences between different programs Day 5: Practical original ideas to incorporate ICT knowledge within various classes

The relationship between the individual and the world cannot be imagined anymore without exploring the media messages, its ideas and values. This is why media education has become, in a very short while, from an annex of the educational process, into a key competence for teachers and many others. Media offers efficient strategies and modern methods enhancing the motivation and the quality

To get a deeper theoretical knowledge upon the media educational concepts

Programme (5 days without travel, 30 hours)

Day 1: Ice-breakers, know-each-other and team building exercises

issue/ asocial problem: drugs abuse, smoking, pollution etc.

Evaluation of the course. Certification. Farewell dinner.

niques (photo stories, short videos, animation)
To offer their students/ trainees solutions to create their own video learning tools

Session 3: Portugal, Coimbra, 10 - 14 July- for projects approved in 2016

Presentation programs - introducing slides. Application on Languages/ Arts classes.

To further develop their basic technical skills and use them for a better professional development To enhance teachers to use the ICT skills in their lessons (Languages, Maths, History, Geography, Eco-

doors activities on the way as a means of building inner safety and active behavior.

Nowadays, more then ever, the world needs ICT to function properly. Lessons in schools or outside the school also need ICT and teachers try to addapt and picture a digital classroom in which they want to feel confortable. And we will also add a little

To get a deeper knowledge upon the computers knowledge and practice

Programme (5 days without travel, 30 hours)

table with the participants for the dossier of the trip)

Browsers and Internet; malware and antivirus programs.

Conclusions, feed-back. Evaluation of the course. Certification.

and Outdoors education. Adobe Voice.

Session 1: Voronet, Romania, 15-19 August 2016 - for already approved projects Session 2: Larnaca, Cyprus, 28 November-2 December 2016 - for projects approved in

"My students don't talk!" is a frequent teachers' complaint. We don't always know why. Maybe they are not interested and bored. Maybe they don't know how to verbalize their knowledge. Maybe they have psychological problems. It is the teachers' professional and moral duty to discover the causes of their "silence" and come with effective and attractive solutions for activating the students' behaviour.

Day 4: Interpersonal skills. Managing relationships. Leadership skills.

Day 5: Managing the future. Methodology, exercises and tools for developing the pro-active attitudes

Be able to design a personal/ organizational strategy of personal development for learners.

Session 1: Voronet, Romania, 8-12 July 2016 - for already approved projects

Lets be creative! Designing learning activities (trainees - workshop)

grating a virtual multisensory interactive environment Day 6: Synesthesia Day: multisensory learning methods and activities.

menting the multisensory learning environment in schools/ NGOs.

Synesthetic evaluation of the course. Certification. Farewell party

education, motivation and self-motivation and many others.

Explore the modern philosophy of personal development Understand the holistic perspective upon personal development

Programme (5 days without travel, 30 hours)

generate a constant process of personal development.

Evaluation of the course. Certification. Farewell party.

personal development, early school leaving, well-being.

To learn to cope with the fear of failure
To improve the learners' learning and communication skills

Programme (5 days without travel, 30 hours)

To develop an intercultural dialogue

To identify the causes of passiveness and find solutions to eliminate them To explore psychological and didactic strategies to activate the learners

Personal development is a key-concept in education in nowadays society. It involves a special journey from dreams and passions to goals and skills. The personal development philosophy asserts the perfectible nature of human being. It is essential for us, teachers or trainers, as well as for our students or trainees, to possess the theoretical and practical knowledge of personal development. It will

Day 1: Ice breakers, knowing each other, presentation of the schools/ organizations. Sharing prior expe-

Gain a deeper knowledge of multisensory learning in natural and virtual environments

SIGHT SOUND

Issues interpersonal skills, creativity, experiential methodology, motivation and self-motivation, didactic research. Learn and experience creative methods, exercises, learning activities and tools to be applied in the multi-sensory learning field, both in natural and in virtual environments

Session 1: Voronet, Romania, 4 - 10 July 2016 - for already approved projects

Obiectives The participants will:

SCENT TASTE TOUCH

Multisensory Learning A multisensory learning environment increases the learners' motivation, attention and power of concentration, empowers memory and creativity, the communication abilities, helps them establish interpersonal relationships and generates a state of calm and well being. This should be a reason for teachers/ trainers to explore the multisensory natural and virtual learning environments for a better use of the learners' full learning potential.

Multisensory learning, outdoors education, ICT, personal development, self-knowledge,